# **90–Day Prescriptions**

WHO, WHY, & HOW

If you take medication on an ongoing basis, ask your doctor if a 90-day supply is right for you. It could be a smart move for your health and wallet.

#### Who Needs 90?

## Best for people who regularly take medication<sup>\*</sup> for conditions like:

High blood pressure Hypertension High cholesterol Diabetes Asthma Depression

\*Make sure you know the drug strength and dosage frequency will remain steady for 90 days.

### Why 90?

#### **Good for You**

- Easier to stick with your treatment plan.
- Just four refills a year instead of 12.
- A larger supply means you're less likely to miss a dose.

#### **Get More for Less**

.....



.....

You may be able to pay one copay for a 90-day supply depending on your plan.



### How to Get 90? You Have Options.

........

.......

#### **Mail Delivery**

Get your medication delivered to home or work. Your doctor can submit a 90-day mail order prescription to your insurance carrier.

#### **Pharmacy Pickup**

May be an option for those who prefer the convenience of an in-store pickup. You could also benefit from discounts offered by the drugstore.

Benefits and services available may vary from plan to plan—please refer to your plan's Summary Plan Description for exact coverage details. Check with your insurance carrier for details of coverage offered under your plan. The information presented in this article is for informational purpose only and not intended as medical advice.

AON

DRUGSTORE

DRUGSTORE